

CLUB HELENSVALE

HELENSVALE BOWLS CLUB LTD

Bowls Newsletter

April 2010

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HELENSVALE PLAYERS OFF TO DELHI



Club Helensvale

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From the Chairman's Desk



Graham Brittain

I can't believe this year has gone so fast...the Premier League competition seems like it only began a short time ago and now it is all over again for another twelve months! Congratulations to Wynnum Manly who took the title in the last weekend of March here on our greens, whilst our team bowed out on the Saturday night in the semi final. Greenslopes had too much grunt in their game and defeated Helensvale by four shots. Helensvale Reserves also got eliminated this year, unfortunately not making the grand final like our Premier side. I guess we were beatable after several teams stated their disappointed knowing they would be playing for second position because Helensvale were way too strong and could not be beaten. We sure fooled them!

Anyway it was another great year for our team who were actually undefeated until the game on Saturday night. A bit sad to think they were not given a second chance, being minor premiers and all. Maybe Premier League officials need to look at the format to make it fair on teams at the back end of the season where it counts.

Safuan Said certainly obtained some great publicity for the Club during Premier League and he was a very popular bowler as well as staff member during his short stay. Saf flew home on Tuesday 30th March to attend a dinner with the Malaysian Prime Minister and he took with him some very fond memories of Helensvale and a video highlighting his bowls, team spirit and interviews with management and players. This video was to be played at the dinner which also showcased the Club.

The entire weekend was fantastic with exciting games, great entertainment and of course, the ever popular brunch held on the Sunday morning. Thank you to all involved in the setting up, or-

ganisation and operation of the Premier League finals weekend as I believe we topped last year!

My congratulations and best wishes go to Lynsey Armitage, Mark Casey and Brett Wilkie who are playing in the Eight Nations in Delhi this month. If they play well here they are a chance of selection in the Commonwealth Games, so here's hoping!

This month will be a first for Club Helensvale with our opening hours increased on ANZAC Day to 6.00am as we have now embraced the North Gold Coast RSL Sub Branch, who will be conducting a Dawn Service from 5.30am. The Dawn Service will be held at the rear of the carpark in the grassed area. Everyone is welcome to attend and a breakfast will be served in the club from 6.30am for only \$7.00. Two Up will be on at 2.00pm, as usual and the Courtesy Bus will run all day.

The day prior to ANZAC Day, Saturday 24th April the Half Yearly Meeting will be held in the clubhouse from 8.30am. Please note this in your diaries.

Crack the Code is the name of our new poker machine promotion where one lucky winner will walk away with \$20,000 cash! Simply be here every Sunday to receive your ticket for the chance to "Crack the Code" and win the cash! The major draw will be held on Mother's Day, Sunday Other activities in the Club for the month include a great Tribute Show - The Aus Police on Saturday 17th April at 8.30pm, playing all those songs we remember including *Roxanne*, *Message in a Bottle*, *Every Little Thing She Does is Magic* and heaps more! Don't miss this show, and of course it is free!

A reminder to all members that the club is closed on Good Friday and I would like to take this opportunity to wish everyone a Happy Easter and if driving, take care on the roads.

Men's Bowls News

Club Triples will commence the first round on the 11th April and will continue on the 18th April.

Mid Week Over 60's Challenge will continue during April with our club fielding 3 teams.

For the 2010 pennants season all players will be required to wear the approved new club bowls shirt and the green and gold Club Helensvale bowls trousers. Some bowlers will already have these trousers because they have played in the Premier 7s events, those bowlers who wish to play pennants who do not have these trousers will be able to purchase them through the club.

Club Helensvale re-commenced its Friday PM pairs during March with Self Selected Mufti Jackpot Men's Pairs. This will continue every Friday afternoon in April and May.

- * 1pm Start, Mufti
- * 1st game 7 ends to decide winners and losers.
- * 2nd game 18 ends winners play winners, losers play losers.
- * 1st & 2nd prizes for each section of 2nd game.
- * Special Jackpot on Second game. (Any team has the chance to win the jackpot) If not won, will jackpot till next week.
- * Dead ends to be replayed.
- * \$12 entry per team, a nomination sheet is in the games room.



Ron Boydell Honorary Secretary



DAWN SERVICE

5.30am

in the park at the rear of the Club's carpark

TRADING HOURS:

Club Opens at 6.00am

THE GRILL bistro

BREAKFAST 6.30am - 8.30am
LUNCH 11.30am - 2.00pm
DINNER 5.30pm - 8.30pm

CAFE 22 From 6.30am

TAB From 12.00 noon

GAMING From 1.00pm

TWO UP @ 2pm

Ladies Bowls News

Open Singles started on the 25th March.

Congratulations to Greta Fahey, Teresa Armitage and Pamela Blake on winning the Ladies Triples. Thank you to all lady bowlers who made this championship possible.

Our congratulations go to Mark Casey, Brett Wilkie and our own Lynsey Armitage for making the team to compete at the 8 Nations Tournament in Delhi. Our best wishes to you all.

Congratulations to all ladies who played Premier Reserve and Premier 7's. Your participation was greatly appreciated and well done.

Night Under Light Championship - Helensvale Club didn't lose a rink against Paradise Point, Musgrave Hill, McKenzie Park and Southport. Congratulations to Pam Peardon, Ethel Entwistle, Carmel Gibb, Elizabeth Carter and Pat Reely (manager).

Coming Events:

Gala Day - 13th April - Don't forget to place your entry to play on this day.

\$16 per player includes morning tea & lunch.

Entries close 6th April.

Macleay Island Trip - 21st April - Still taking names for this ladies day.

Three Bowl Pairs Day - 17th May.

For more details of all coming events, check the Games Room Notice Board.

Other News:

Paradise Point Bowls club will be holding a "State of Origin" game Friday 16th April at 6pm - L. Armitage, K. Cottrell, K. Kerkow and S. Glasson will represent Queensland. K. Murphy, S. Renshaw, A. Sherriff and W. Turley will play for NSW.

Thankyou to Jenny and John Strickland of Snack and Drink Vending Services for their sponsorship for the Mixed Day. We had a great turn out with 84 Ladies and Men Bowlers attending..



Pauline Smith Publicity Officer

"Friendship is something that we should never take for granted just because we have it."

Snack & Drink Vending Services Mixed Day

Ladies President Lois Wallace presents the winners prizes below



1st

Teresa Armitage, Lois Wallace, Sam Yuran, Jeannette Hagar



2nd

Len Gardiner, Lois Wallace, Carmel Gibb, Judith Snow

Ken Read to Represent QLD

Congratulations to Ken Read who has been selected to represent Queensland in the National Deaf Lawn Bowls Championships. This event will be held at Lockleys Bowls Club in Adelaide South Australia from the 3rd - 10th April. Ken will contest the singles, pairs and fours events against players from across Australia. Ken is currently ranked 12th in the Nations best deaf bowlers. Good luck from all at Club Helensvale.



Brett's Bowls Bulletin

Lynsey Armitage, Mark Casey and I have been selected to represent Australia in an 8 nation's tournament in Delhi India from 6th – 10th April. A team of 6 men and 6 women have been selected for this event with Lynsey leading in women's pairs, Mark Skipping men's triples and I will be leading men's pairs.

Nathan Rice, Anthony Kiepe, Anthony Fantini and Mark Thatcher have been selected to represent Queensland in the Australian Sides Championships in Adelaide from 9th – 12th April. The team will also challenge other States in some warm up test series prior to the Championships, good luck guys.

Congratulations to our Premier 7s Division 3 Men who won the premiership on Sunday 14th March. We had four teams make it to the finals day with Men's Division 2 B finishing 2nd, Men's Division 2 A and Open Division 2 B both finishing 3rd. Thank you to all the members who supported our teams on this finals day, the players all appreciate it. Congratulations to all players who represented our club with pride. Thank you to the selectors who put in a huge amount of work throughout the season with nine teams to select and organise each week.

The finals of Premier League QLD were held at Club Helensvale on the 27th & 28th March. Unfortunately our Premier and Reserve Grades were defeated in the semi finals, Premier Grade by 4 shots to Greenslopes and Reserve Grade by 6 shots to South Tweed. Congratulations to all our players who battled hard and gave their best. Thank you to all Management, Board, Committees, Umpires and members who contributed to this finals weekend. We had a great crowd at our club for both days which created a magnificent atmosphere. Thank you to the selectors and Managers for their valued contribution to the season.

Our club will be starting a regular Bare Foot Bowls Session every Sunday afternoon from 2pm – 4pm commencing on the 18th April. If you are interested in assisting with these sessions, please let me know and I will add you to the roster. We would like to keep this as an up market version of Bare Foot Bowls which will include supervision and structured games with prizes on offer.



Brett Wilkie Bowls Development Manager

Premier 7s Division 3 Men Champions



L to R: Kevin Sayer, Tony Hyland, Brad Mann, Cameron Wilson, Luke Wilson, Phil Davis, Bill Bell & Ron Wallace

Junior News

On behalf of all the juniors myself (Yowie) and Barry Homles we would like to wish two of our juniors who have turned 18 Daniel Barton (Jan) and Dean Keating (Mar) all the best for there future bowling and hope they continue on with the men in the seniors. They will be missed in junior pennants as Dean Keating keeps reminding me he has never lost a game of pennants thanks guys.

Good luck to the juniors playing in the State Championships at the Sunshine Coast from the 3rd of April to the 10th of April. Hopefully Helensvale gain another State Champion or add another (Gemma, Rohan and April).

Whilst these championships are on and being Easter training will cease for 2 weeks. When we return it will be 1st round of junior pennants Sat 17th of April at a venue to be confirmed more than likely Helensvale 8:30am.

On a district note I took 2 teams of juniors to Newmarket bowls club Sunday 28th March to play Brisbane, Sunshine Coast, Brisbane North where we successfully retained the Quad Series Shield which I can say Gold Coast has never lost since it started in 2002. Two juniors Sean Ingham (Mpark) and Rohan Wilson (Hel) played with the seniors and were outstanding well done boys! I think they will be playing a lot more games for the District Senior Sides.

It was great pleasure to receive a cheque for on going sponsorship of \$200 from our great friends and supporters Snack & Drink Vending Services Jenny and John Strickland. This money will go to a Jnr/Snr day which Snack & Drink Services will be the major sponsor of. With a bit of luck Jenny and John will be present and playing (this means you John) on this great day. With out these sponsors days like this can not be held. Thanks again!

On final note Yowie and Barry wish everybody a safe and happy Easter and we will see you soon back on the greens and hope you are all good so the Easter bunny comes with lots and lots of eggs!!!



P.S save some eggs for me.

Cameron 'Yowie' Wilson
Jnr Development Officer and Coach

Junior Bowls Sessions
Saturday mornings at 9am
Ph Cameron: 0425 880 268

Nights Under Lights Challenge 2010

Club Helensvale were successful in winning the first "Nights Under Lights Challenge" during February/March. This event was played against Paradise Point, Musgrave Hill, McKenzie Park and Southport/Benowa - under handicap conditions.

What a great result for our club - winning all 3 three rinks in every game and finishing with 8 games points +102 margin from four rounds. Congratulations to April Wilson, Judy Merrick, Brian Crook, Jim Merrick, Elizabeth Carter, Carmel Gibb, Ethel Entwistle, Pam Peardon, Vic Ward, Rohan Wilson, Andrew Wilton, Cameron Wilson, Safuan Said and Manager Pat Reely.



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Sunday	10:00am to 9:00pm

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NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting in Club Helensvale)



All correspondence to:

The Secretary
PO Box 641 Oxenford Qld 4210
Telephone (07) 5514 4397
Email helendon@ngvemail.co

Sub Branch activities: Please note your diaries with the following details:

Sub Branch Polo Shirts: Orders should be placed with the Treasurer Michael Carter

Upcoming events:

Social drinks (dinner if you wish)

RV: Club Helensvale

Time: 6.00pm

Date: Friday 23rd April

Dress: Neat casual

Cost: Purchase own drinks/meals

ANZAC Day badges:

Available on:

17th April 23rd April 24th April 25th April

Available from:

Club Helensvale Reception /Woolworths Helensvale

ANZAC Day

Dawn Service - Club Helensvale Meet at 5.00am

Service commences 5.30am sharp

Breakfast - Club Helensvale from 6.30am

Breakfast cost \$7.00

Morning Service - 1100am step off

Venue - Cnr Abrahams and Reserve Roads

Annual General Meeting 9.30am:

Saturday 29 May

Coaches Corner

BOWL SPEED and FOLLOW THROUGH

Bowl speed – the speed that the bowl will travel towards the head is generated by the pendulum arm swing and forward body movement. All movement should be as natural and easy as possible. Bowl speed is both mental and physical process.

- Concentrate on how far then how fast – focus on the finishing point of the bowl “judgment of speed” during the pre shot routine.
 - Adjust the speed of delivery according to the result of the previous bowl.
 - If your bowl is too long – bowl a little slower by slowing down the delivery action.
 - If it is too short – bowl a little faster by quickening the delivery action.
 - The body action consciously responds to the thought pattern to provide consistency.
 - The speed of the bowl is controlled by the arm speed, which in turn controls body movement and amount of momentum being generated.
- Therefore controlling the arm speed is the most important factor in the delivery action!

Follow through – essential for consistency.

Complete the follow through with the bowling arm following behind the bowl, down the intended line, finishing in a horizontal position. Correct follow through is important to maintain consistency of line and speed. A number of players develop bad habits at bowl release and follow through.

- Keep hand aligned behind the bowl throughout delivery.
- Arm following along intended line of delivery with palm to heaven and head still.
- Stay down during delivery with the body moving forward AFTER BOWL RELEASE AND FOLLOW THROUGH!!
- Complete weight transfer by bringing the anchor up to the leading foot.
- Movement off the mat must be forward along the intended delivery line.

Bob Hill Coach



BOWLS COACHING

Thursday mornings from 9.00am or by appointment

Bob Hill	5573 2776	Brenda Walker	55737273
Ron Wallace	5556 0046	Cameron Wilson	0425880268
Brett Wilkie	0438710974	Mark Casey	0418797476

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THE POLICE

SUN

FREE SHOW

8.30pm
SATURDAY 17th APRIL