

CLUB HELENSVALE

HELENSVALE BOWLS CLUB LTD

Bowls Newsletter

FEBRUARY 2011

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FLOODED CLUBS RECEIVE OUR SUPPORT



Chairman Graham presents Toowong BC with \$5000 to aid their rebuilding and refurbishing

Club Helensvale

20 - 26 Discovery Dr
Helensvale QLD

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Helensvale QLD 4212

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From the Chairman's Desk



Graham Brittain

The start of 2011 has been a very sad one with floods affecting 75% of Queensland. The Gold Coast was very fortunate to avoid these floods although everyone has been affected as family and friends have to deal with the hardship of losing their homes and businesses. Many bowls clubs have been badly damaged or have lost everything so the Board felt that they would like to do something to help these clubs.

\$30,000 has been donated to assist with rebuilding and refurbishing the clubhouses and greens of many clubs in Queensland which is only a small helping hand when you realise the enormity of what has happened over the past month. Thank you also to all members and guests who have donated to the flood appeal through our collection tins and green fees and prize money from bowls. It sure makes you feel proud to be a Queensland!

Lynsey Armitage, winner of many major Queensland and Australian championships and a Commonwealth Games gold medallist, has been appointed Bowls Coordinator after the resignation of Brett Wilkie. Lynsey takes on this role with a wealth of bowling knowledge and administrative skills. I am sure all the bowlers will help Lynsey ease into this position with any assistance she may require.

The outdoor dining area was opened up to a very positive response from members. Of course there are always the negative ones who don't like change. May I point out that mosquitoes and flies are not entering through the open bifold doors, the air curtain prevents this happening as it creates a strong curtain of air which only super mozzies could penetrate. The flies and mosquitoes have always been in the club entering through the usual entrances. Please appreciate that by opening the doors it creates an indoor/outdoor "very Gold Coast" feel and increases the lounge space by another 30+ chairs. We take all complaints very seriously but feel that the closing of the doors purely to eradicate flies and mosquitoes is not warranted.

Building will soon commence on the BBQ area adjacent to the bowlers amenities. This will service after bowls barbecues and corporate groups and will be well utilized during premier league and pennant games.

This month our major show is The Eagles playing all the hits of "The Eagles" including Hotel California and Desperado performing on Saturday 19th at 8.30pm. Come on down for a great night of entertainment and of course it's free! On Friday the 4th Aussie Thunder are back for their first show of 2011 to delight the ladies with tickets now on sale for only \$10 each. If you haven't seen them yet get your tickets now and be wowed by the boys who have been performing at Club Helensvale for over 10 years!

Mens Bowls News

Well there's plenty of bowls activity underway as the year kicks off. We've had a good start in the Premier League with four rounds being played so far. In the Premier 7's we have three men's teams and one ladies team in the competition. After two rounds the teams are settling in well with mixed performances. We have two over 60's teams (one open and one men) and this competition starts on the 19th and 20th of February. Good luck to all the players involved in these competitions.

CLUB CHAMPIONSHIPS

The Open Fours Championship attracted 16 teams and has now reached the grand final stage. The Champion of Champion Fours attracted 5 teams and has also reached the grand final stage. Novice Singles Championship entries close on the 30th January. Rounds 1 & 2 are scheduled for play on Sunday 6th February. The semi final and the final are scheduled for Sunday 13th February. Senior Fours (Over 60's) entries have been called. Nominations close on the 27th February. Round 1 to be played on Thursday 3rd March; Round 2 on the 10th March; Round 3 on the 17th, with the final to be played on the 24th. Champion of Champion Pairs entries have been called. Nominations close 20th February. Rounds 1 & 2 scheduled for play on Sunday 27th February.

With just two greens available (and it appears, probably so until some time in March) the Friday AM Pairs is to be trialled as a **2 bowl triples competition**. This was put to players on Friday 28th January and there seemed to be general acceptance of this. The competition will revert to pairs when the third green comes back in.

With Premier 7's and/or Premier League taking up at least one of the two greens on Saturdays for most of the month of February and early March, the usual **Saturday Social Triples has been change to Fours** in order to accommodate as many players as possible. This will revert to triples when the third green comes back in.

Entries for District singles games have been submitted and players are reminded that the \$12 entry fee should be paid at reception and name ticked off the list in the games room.

Since Brett has moved on, Lynsey Armitage has taken over many of his duties in the Bowls Coordinators role and she is working in very well with the men's committee.



Ron Boydell
Honorary Secretary

Ladies Bowls News

Well ladies here we are again with the new year upon us and unfortunately with some of the areas around Queensland inundated with rain but here on the coast we were very lucky and our thoughts are with those affected.

The 4's Championships are well on the way with the finals coming up very soon.

The Premier League and Premier 7's have commenced and I am pleased to say that the ladies in the Premiers have been successful and the first game for the ladies in Premier 7's were winners and with their second game coming up this Saturday against Sunnybank at home. Best of luck.

We were sorry to hear that one of our stalwarts Iris Buzzell will not be able to play bowls with us due to her sickness. Our thoughts are with you.

It is nice to see Anne Byrne back with us when her health permits.

There is not a lot of news to report at this stage but we hope to see all our ladies bowlers back on a Tuesday morning particularly once the hot days are finished. We realize that it is just a bit hot for some.

Please remember to drink lots of water when you are on the greens and also apply your sunscreen.

All for now



Pam Peardon
Publicity Officer

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Local Branch



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Opposite the RSL

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Lynseys Roundup

This is my first column taking over from Brett after his departure as our Bowls Development Manager earlier this month. I want to thank Brett for his hard work, dedication, and commitment to the club over the past eight years. He will be sorely missed, however still being a very prominent player for the Hawks I'm sure we'll see him in the club and on the greens regularly. Yet the show must go on, so here I am. I'm really looking forward to taking on some of Brett's previous responsibilities and working a lot closer with both the men's and ladies committees and members. Thanks already to those that have given me assistance and guidance this far.

The devastating floods affected the majority of Queensland, many people losing everything. A special mention must go to our Board for making such a quick and substantial donation to those clubs in need, I'm proud to be a member of this club and value the way we support those that have been devastated by such crisis.

On the bowls front, it is quite an exciting time for the club with both Premier League and Premier 7s kicking off in January. The Hawks Premier and ladies sides have started with three wins from four outings and our strong reserve side have showed their dominance, maintaining an unbeaten record. Our premier 7's are also going along nicely. Well done Hawks and keep up the good work.

Congratulations to Brett Wilkie who recently finished runner-up to the popular Steve Glasson at the Yallourn Classic Singles. Nathan Rice made the semi-finals of this tough event, also just going down to the eventual champion. Brett has also been nominated as one of the six finalists for Ballarat Sportsperson of the Year. Although not having lived there for 19 years the Ballarat community are very proud of Brett's achievements. The awards dinner is being held on Wednesday 2 February, we wish you all the best for the night Wizz.

QLD play VIC in an upcoming combined men and ladies test match in Darebin, Vic on February 24—25. Our club has no less than 8 representative in this state team. Well done to : Anthony Kiepe, Nathan Rice, Brett Wilkie, Mark Thatcher, Anthony Fantini, Darren Mullens, Lynsey Armitage, and Amanda Haevecker. Good luck and go get those Mexicans!

Some last minute news, two of our boys—Mark Casey and Brett Wilkie have been named as the two finalists for Bowls Australia's Player of the year award. A great achievement for both of you and ensures the inaugural title is heading our way whoever wins. I have also been named as one of two finalists in the Ladies Australian Player of the Year category, alongside my good mate Julie Keegan. The award night is being held at the Crown Casino in Melbourne on Saturday 12th February, prior to the start of the Australian Open. Good luck to all, have a great night.

Lynsey Armitage
Bowls Coordinator



Yallourn Classic Singles—Brett Wilkie (R/Up) and Steve Glasson (Winner) With two of the hard working ladies from Yallourn



Junior News

Junior district championships were held recently at Robina and McKenzie Park bowls club. A great effort was put in by all junior bowlers. April Wilson and Koby Wilkie, Toby Martin and Sasha Allen winning their sections. Rohan Wilson and Braidan Leese getting through to the semi finals in the pairs. Rohan Wilson getting through to the semi finals in the under 18's boys singles, well done.

We would like to welcome Michaela Bailey-Nelson to the juniors.

A family rivalry at the Wilson home this week with both Rohan and April playing against each other in the mixed pairs semi final, good luck to the both of you.

Thankyou to Brett for all your support and work that you have put into the juniors over the past, good luck in your new position. Welcome to Lynsey who will be taking over Brett's position at the club, were looking forward to working with you and having your support.

Cameron 'Yowie' Wilson

Jnr Development Officer and Coach



Jnr District Championships—April Wilson, Sasha Allen, Koby Wilkie, Toby Marten, Rohan Wilson, and Cameron Wilson

Barefoot BOWLS

2 - 4pm every Sunday

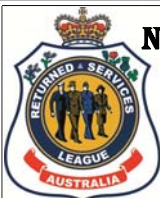
\$6ea

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***ALL WELCOME**
COME AND TRY LAWN BOWLS!
@CLUB HELENSVALE

SUMMER SIZZLER!

Monday to Friday
11.30am - 2.00pm

\$4.00 LUNCH



NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting in Club Helensvale)

All correspondence to:

The Secretary, PO Box 641 Oxenford Qld 4210
07 55028054 Email keeganm@bigpond.net.au

Sub Branch activities:

Please note your diaries with the following details:

Upcoming events:

2011

General Meeting (0930h):	Saturday 26 March
ANZAC Day and Easter Monday	Monday 25 Apr
AGM and General Meeting (0930h):	Saturday 28 May
General Meeting (0930h):	Saturday 30 July
General Meeting (0930h):	Saturday 24 September

2011 Committee Meeting Dates (0930)

26 February	27 August
30 April	29 October
25 June	

ANZAC Day badge sellers are sought to assist man the stalls across our area of responsibility. ANZAC Day badge sales will be conducted on **Fr 15, Sat 16, Thu 21, & Sat 23 Apr** at the following venues:

Westfield Helensvale
Woolworths Coomera West
Woolworths Oxenford
Coles Coomera
Helensvale Plaza

Anyone who can donate an hour or two on a roster is asked to contact the Sub Branch on the number above.

In late October and early November 2010, the Sub Branch was approached by two young ladies from our community seeking Sub Branch endorsement for their applications for a grant under the State RSL Youth Development Program. Both ladies submitted their reasons for seeking the grant and Sub Branch endorsement and we are happy to report their applications were supported without hesitation and it is with great pleasure I can inform you that both were successful.

Alexandra Fannin was awarded \$2500 to fund her chosen trip—travel to Thailand to teach English to orphan children in a mission. In an email to us she said: "I would just like to thank you all very much for all your efforts and assistance throughout my application process and to let you know that your efforts are greatly appreciated and that the good work is still to come!"

Tayla Hayes was awarded \$2500 to assist her funding costs for the U16 Australian girls hockey tour of Europe. In an email to us she said: "I would just like to thank you again for all yours and the sub-branch's help for achieving the monetary grant. This is an enormous relief on the financial burdens of the trip".

Tayla's tour commences March 16th 2011, where the team will fly to Germany via Hong Kong. In Hong Kong the team will be having a few matches and training sessions. From there they are travelling to France where they will be playing matches and sightseeing landmarks such as the Eiffel Tower and participating in an educational tour of the World War I battlefields. From there they will travel to Belgium and then on to Holland where they will be playing matches and will also be having a World War II informative seminar. From Holland, they return home.

Service News Papers on line:

RAN:

http://digital.realviewtechnologies.com/default.aspxxml=defencenews_navy.xml

Army:

http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_army.xml

RAAF:

http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_airforce.xml

Coaches Corner

ALTERNATIVE STANCE

The semi-fixed stance and the fixed stance should be considered as an alternative to the orthodox upright stance.

The Semi-fixed Stance

Having taken up a relaxed stance on the mat the player is ready to make the delivery. The bowl is raised to the required elevation with the running surface of the bowl pointing along the aiming line. Place the leading foot half a normal walking step in front of the anchor foot and be sure that it is parallel to it. Place the non-bowling hand lightly on the thigh of the leading foot (your weight should be evenly spread – if not favouring your anchor foot) with the arm relaxed and not taking the weight of the body but used only as a steadying influence during the delivery. With the bowl held in the correct position, allow the bowl to drop under its own weight, ensuring a straight smooth pendulum swing. From this point a normal walking step is completed. Because a half step has already been taken, all that is necessary is to take the other half step, thus completing the "normal" walking step. This method will greatly eliminate the tendency to "pigeon toe" especially on the backhand and may assist to prevent playing heavy on fast greens. The non-bowling hand should finish on your knee. The semi-fixed method is quite popular.

The Fixed Stance

The player takes up a position on the mat with body and feet facing along the aiming line. Next, take a normal walking step along the aiming line. The non-bowling hand should be placed on the leading knee to assist balance. If balance is still a problem, turn the anchor foot out slightly to a comfortable position for this will give a wider base. The arm should be placed at the required elevation in a position relative to the body that will allow an unimpeded backswing past the body with the eyes focused on an aiming point along the aiming line. If the player has difficulty obtaining enough length, try starting with the arm a little higher. When the backswing is completed a little body movement can take place, coming forward and down as the forward swing comes into operation.



Bob Hill
Coach

BOWLS COACHING

Thursday mornings from 9.00am or by appointment

Bob Hill	5573 2776	Brenda Walker	55737273
Ron Wallace	5556 0046	Cameron Wilson	0425880268
Mark Casey	0418797476	Phil Brandon	0419243076
Brett Wilkie 0438710974			

R.S.L. Bowls Information - DID YOU KNOW.....

There are over 1400 Returned Services League Bowlers now associated with the Queensland RSL Bowling Assn. Only 5 from Club Helensvale. The monthly competition (Sundays, 1 a month) are held at different clubs throughout the South East. When your RSL membership is verified, application can be made for RSL State Bowls Assn membership through Robin Cope Phone 07 55023670 or preferably e-mail at robin.cope@bigpond.com. Here is an opportunity to join with others around your age and interests (a serviceman or woman) for a fun time. Your spouse can join as well as an associate member.

LATE NEWSFLASH

MARK CASEY, BRETT WILKIE & LYNSEY ARMITAGE HAVE JUST BEEN NAMED IN THE AUSTRALIAN TEAM TO PLAY NEW ZEALAND IN THE TRANS TASMAN IN INVERCARGILL, NZ - MARCH 2ND - 4TH.